

**CIAT** 

Alliance

The Alliance of Bioversity

# HIB varieties: Biofortified Beans for Improved Nutrition

Fueling Health with Iron-Rich Beans

"Biofortified Beans for Improved Nutrition" technology develops high-iron bean varieties via biofortification to combat deficiencies in Sub-Saharan Africa. With 31 released varieties, it enhances regional food security and nutrition.

✓ This technology is <u>TAAT1 validated</u>.

• Iron and zinc deficiencies leading

• Weakened immune systems

to: Anemia, Impaired motor and cognitive

and premature births, Low birth weight

• Increased susceptibility to infections

development, Increased risk of maternal death



## 

Open source / open access

## Problem

- Solution
- Development of high-iron bean varieties through biofortification.
  - Crossbreeding local elite lines with American bean varieties naturally rich in iron.
  - Resulting in High-Iron Beans (HIB) with traits including: High productivity, Drought and disease tolerance, Preferred culinary characteristics, Quick cooking.
  - Release of 31 HIB varieties in key production areas across Sub-Saharan Africa.
  - Enhanced food security and nutrition in the region.

## Key points to design your business plan

For Manufacturer:

Stunted growth

- Stock up on Foundation or Registered Seed, no license needed.
- Target customers include wholesale distributors, government agencies, NGOs.
- Strong partnerships with distributors are vital.

### For Users:

- Available in various countries, consider import duties.
- Partner with HIB sellers, estimate cost structure and potential profits.

Gender assessment 🚺 👍 4

Climate impact





HIB varieties https://taat.africa/llb Last updated on 19 August 2024, printed on 15 May 2025 International and the International Center for Tropical Agriculture (CIAT) Justin Mabeya Machini

Technology from

ProPAS

Commodities



#### Categories

Production, Improved varieties, Quality improvement

#### Best used with

- <u>Seed dressing of Seed with</u> <u>Fungicide and Insecticide ></u>
- <u>Seed Inoculation with</u> <u>Rhizobia ></u>
- <u>Specialty Fertilizer Blends</u> <u>for Common Bean ></u>



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